

THE UNEMPLOYED IN EAST LONDON.-At a time when much thought is being given to this matter, a practical suggestion may be of service. Last year more than $\pounds_{300,000}$ worth of foreign matches were purchased by inconsiderate consumers in this country, to the great injury of our own work-ing people. So true is it that "Evil is wrought by want of thought as well as want of heart." If all consumers would purchase Bryant & May's Matches, that firm would be enabled to pay $f_{1,000}$ a week more in wages.

MALT EXTRACT STANDARD



the nervous system. A Sample will be sent to any Nurse or Doctor on receipt of a post-card, and special prices quoted.

The STANDARD MALT EXTRACT Co., 23, Billiter Street, London, E.C.

In the Press.

Price ONE SHILLING.

Points for Probationers,

BY E. J. R. LANDALE.

THE RECORD PRESS, LIMITED, 376, STRAND, LONDON, W.C.



